

Dr. LUK Tze Chung, Jim 陸子聰博士 陆子聪博士

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Vice President of China Hong Kong Paralympic Committee cum Chairman of Hong Kong, China Sports Association for Persons with Intellectual Disability

中國香港殘疾人奧委會副會長暨中國香港智障人士體育協會主席

中国香港残疾人奥委会副会长暨中国香港智障人士体育协会主席

Dr. Luk Tze Chung is the Chairman of the Hong Kong, China Sports Association for Persons with Intellectual Disability. He is committed to helping individuals with intellectual disabilities through sports, enabling them to reach their full potential and become part of the community. Under his leadership, the Association focuses on organizing recreational activities and promoting competitive sports for people with intellectual impairments.



In addition to his volunteer work with the Association, Dr. Luk has participated in several international committees to improve the development of disabled sports in Hong Kong. He has been an IPC Athletics II Classifier since 2014 and has worked as a classifier at events like the Para Asian Games in Incheon, Korea (2014) and Jakarta, Indonesia (2018). Recently, he was nominated as a committee member for Medical & Sports Science of the Asian Paralympic Committee.

Dr. Luk is also the Head of the Department of Sport and Recreation at the Technological and Higher Education Institute of Hong Kong. He has introduced scientific training methods for athletes with intellectual disabilities and developed programs that allow students to become coaches. His efforts have led to positive

outcomes, improving athletes' skills and fostering meaningful connections between them and their coaches.

陸子聰博士是中國香港智障人士體育協會的主席。他致力於通過體育幫助智障人士，使他們能夠充分發揮潛力，成為社區的一部分。在他的領導下，協會專注於為智力障礙人士組織娛樂活動和推廣智障人士的競技體育項目。

除了在協會的志願工作外，陸博士還參加了多個國際委員會，以改善香港殘疾體育的發展。自 2014 年以來，他一直擔任國際殘奧會田徑二級 級別鑑定師，並在 2014 年韓國仁川和 2018 年印尼雅加達的亞殘運會等賽事擔任級別鑑定師。最近，他被提名為亞洲殘奧會醫學與運動科學委員會的委員。

陸博士還是香港高等教育科技學院運動及康樂學系的系主任。他引入了針對智障運動員的科學訓練方法，並開發了讓學生成為教練的課程。他的努力取得了正面的成效，提高了運動員的技能，並促進了他們與教練之間有意義的聯繫。

陆子聪博士是中国香港智障人士体育协会的主席。他致力于通过体育帮助智障人士，使他们能够充分发挥潜力，成为社区的一部分。在他的领导下，协会专注于为智力障碍人士组织娱乐活动和推广智障人士的竞技体育项目。

除了在协会的志愿工作外，陆博士还参加了多个国际委员会，以改善香港残疾体育的发展。自 2014 年以来，他一直担任国际残奥会田径二级 级别鉴定师，并在 2014 年韩国仁川和 2018 年印尼雅加达的亚残运会等赛事担任级别鉴定师。最近，他被提名为亚洲残奥会医学与运动科学委员会的委员。

陆博士还是香港高等教育科技学院运动及康乐学系的系主任。他引入了针对智障运动员的科学训练方法，并开发了让学生成为教练的课程。他的努力取得了正面的成效，提高了运动员的技能，并促进了他们与教练之间有意义的联系。